

## A Tribute to Noreene Adam

As we celebrate the life and legacy of Noreene Adam, who passed away on May 14, 2024, we honor her profound impact on our community. Noreene was more than an advocate; she was a trailblazer in the developmental services sector and beacon of hope for many.

For years, Noreene served on Community Living Ontario's Board of Directors, where her fierce dedication to inclusion and community development made a significant difference.

She worked to create community based practices that supported people with disabilities and fostered conversations around equity and belonging. Her efforts will resonate through our sector for years to come, inspiring others to carry on her vital work.

At the CLO conference in September, a standing ovation in her memory captured the profound influence she had on so many lives.

Her son Kirby accepted the Trailblazer Award on her behalf, and spoke to the love and passion that defined Noreene's life, now renamed to the Noreene Adam Trailblazer award.

Noreene will forever be remembered as a pillar of our community, and her legacy will continue to guide us in our efforts toward inclusivity.

Our deepest condolences go out to her family and friends. Thank you, Noreene, for your incredible contributions and the lasting impact you made on all of us.



Tribute to Noreene Adam at CLO conference



Kim, Kirby, and Tina with the Trailblazer award

### trail·bla·zer

/ˈtreɪlˌbleɪ.zər/

an innovator or pioneer who breaks new ground in a particular field, introducing new ideas or methods and setting examples for others to follow

## Driving Change at CLUOV's 28th Annual Golf Tournament

The 28th Annual Golf Tournament for Community Living Upper Ottawa Valley was a resounding success, bringing together players and sponsors to raise funds for people with intellectual disabilities.

The day was filled with excitement and camaraderie on the greens. Team Breton took home the grand prize, showcasing their skill and teamwork.

Special mentions go to Laura Carroll and Kathy Bennett, who both claimed titles for Longest Drive among the women. Tommy Serran, Craig Edmonds, and Mike Cavanagh won Longest Drive for the men.

The Closest to the Pin awards went to Gabby Robinson and Kathy Bennett for the women, and Mark Robinson, Mike Tsinonis, and Corey Furnival for the men.

This year's tournament highlighted the talents of our players and reinforced the community spirit that drives our mission. Together, we were able to raise \$12,700 which will directly benefit those supported by CLUOV.

A heartfelt thank you to all participants and sponsors for their generous contributions. We look forward to seeing everyone again next year!





## Navigating the Digital World: CLUOV Hosts Online Safety Session!

CLUOV welcomed the OPP, Victim Services of Renfrew County, and Family Children Services of Renfrew County to give an informative Online Safety Information Session this September. The event focused on topics such as online safety, security, privacy, and cyberbullying.

The session attracted a keen audience eager to learn how to navigate the digital world safely. Attendees enjoyed light refreshments while gaining valuable insights into protecting themselves and others online.

CLUOV continues to prioritize community education and safety, ensuring that residents are equipped with the knowledge needed to thrive in an increasingly digital landscape. For those who missed this session, stay tuned for future events aimed at fostering a safer community!



## Sip Stirs and CLUOV blend together at a Community Living Month Event!

On May 23, the parking lot of CLUOV transformed into a vibrant smoothie hub as part of Community Living Month!

Courtesy of Sip Stirs Pembroke, a variety of fruity blends and refreshing bubble teas were enjoyed under the warm sun. The event brought together employees, people

supported, and community members for an afternoon of sipping and connecting.

A huge shoutout goes to Sip Stirs for the time and effort they put into making this occasion fun and special.

Here's to more moments of shared happiness throughout Community Living Month and beyond!

## CLUOV Launches New Website

CLUOV is excited to announce the launch of its newly updated website, designed to enhance user experience!

The revamped site features a modern look, improved functionality, and up-to-date information about

programs, services, and events. Visitors can easily find resources related to community support, volunteer opportunities, and upcoming initiatives.

Check it out and stay informed at: [www.cluov.ca](http://www.cluov.ca)

## A Collaborative Approach

Did you know, CLUOV is one of three Community Living agencies in the County? We partner and collaborate with both the Madawaska Valley Association for Community Living (MVACL) and Community Living Renfrew County South (CLRCS). Together, we work towards providing the best services and support for people with intellectual disabilities across the region.

At CLUOV, we are proud to take an active role across various teams. We work closely with the Ottawa Valley Ontario Health Team (OVOHT), and our regular meetings with Pembroke Regional Hospital (PRH) ensure we are sharing expertise and staying aligned on health and support services.

We also collaborate with local Long-Term Care (LTC) homes and the County of Renfrew to address shared service needs, ensuring a seamless network of care for our community.

## Join our Team!

As we continue to grow and strengthen our impact, we're also looking to **expand our leadership team**. We are seeking passionate individuals to join our Board of Directors and help guide our mission to support people with developmental disabilities in our community. We are particularly interested in candidates with expertise in law, business, public relations, marketing, or health administration.

Serving on our Board is an excellent opportunity to contribute to the future of CLUOV and have a meaningful influence on local services. If you're interested in learning more about the responsibilities, skills, and qualifications associated with this role, please visit our website:

<https://www.communitylivingupperottawavalley.ca/board-of-directors> or contact us at [info@cluov.ca](mailto:info@cluov.ca).



*Kirby topping up windshield washer fluid!*



*Stephen and Kim in the Halloween spirit!*



*Jody and Michel handing out TidePods*



*Karen and Jill giving cards at Mirimachi*

could you  
**Share Your Home?**

A spare room could give someone a place to call home. Ask us more about:

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